

Indiana School for the Blind and Visually Impaired

September 11, 2023 – September 15, 2023

Elementary/MS/HS Menu

Monday Breakfast

Pancakes or Cereal/Granola and Yogurt, Assorted Fresh Fruit, Juice, Milk

Monday Lunch

Meatball Sub Sandwich or Deli Sandwich or Caesar Chicken Entrée Salad or Soy Butter/Jelly, Broccoli Florets, Side Caesar Salad, Assorted Fresh Veggies, Assorted Fresh and Canned Fruits, Milk

Monday Dinner

Chicken Wing Basket, Baked Fries, Vegetable, Fresh Fruit, Baker's Choice, Milk

Tuesday Breakfast

Egg and Sausage Sandwich or Cereal/Grahams and Yogurt, Assorted Fresh Fruit, Juice, Milk

Tuesday Lunch

Breaded Chicken Sandwich or Deli Sandwich or Chef Entrée Salad or Soy Butter/Jelly, Curly Fries, Cowboy Beans, Assorted Fresh Veggies, Fresh Fruit and Canned Fruit, Milk

Tuesday Dinner

Baked Lasagna and Garlic Toast, Side Salad, Fresh Fruit, Baker's Choice, Milk

Wednesday Breakfast

Fruit Pastry and Yogurt or Cinnamon Grahams and Yogurt, Fresh Fruit, Juice, Milk

Wednesday Lunch

White Cheddar Mac and Cheese with Soft Pretzel Bites or Deli Sandwich or Chicken Spinach Entrée Salad or Soy Butter/Jelly, Green Beans, Berry Spinach Salad, Assorted Fresh Veggies, Fresh Fruit and Canned Fruit, Milk

Wednesday Dinner

Beef Fajitas, Red Beans and Rice, Vegetable, Fresh Fruit, Baker's Choice, Milk

Thursday Breakfast

Omelet with Biscuit or Cereal/Grahams and Yogurt, Fresh Fruit, Juice, Milk

Thursday Lunch

Orange Chicken with Rice Bowl or Deli Sandwich or Summer Veggie/Chicken Entrée Salad or Soy Butter/Jelly, Asian Mixed Vegetables, Egg Roll, Assorted Fresh Veggies, Fresh Fruit and Canned Fruit, Milk

Thursday Dinner

Cook's Choice, Vegetable, Fresh Fruit, Baker's Choice, Milk

Friday Breakfast

Coffeeecake and Yogurt or Cereal/Grahams and Yogurt, Fresh Fruit, Juice, Milk

Friday Lunch

Club Sub Sandwich or Southwest Chicken Entrée Salad or Soy Butter/Jelly, Baked Chips, Glazed Carrots, Assorted Fresh Veggies, Fresh Fruit and Canned Fruit, Friday Fun Treat, Milk

Sunday (Meal in Dorm)

Cook's Choice, Vegetable, Fruit, Cookie, Milk

*****Menu subject to change. 100% Whole Grain at Breakfast. Soy Butter and Jelly sandwich offered as alternative choice at lunch upon request. This institution is an equal opportunity provider.**